Miss Anna's Swim School @ Bluewater Scuba

320 Mallory Station Road Franklin, TN 37067

Contact: Elizabeth Slattery (Elizabeth@bluewaterscuba.com) (615) 308-0209

Miss Anna's Swim School is pleased to offer weekly maintenance classes for children starting in September. The purpose of the Fall Session is to reinforce skills learned through previous lessons and summer swimming. Students will be grouped by age and ability and our class sizes will remain small with individual goals for each child.

Our 11 week Fall Session will start Tuesday, September 10th and continue through Wednesday, November 20^{th.} There will be make-up classes December 3rd and 4th. Classes will meet once a week for 45 minutes. The cost of the Fall Session is \$365. Please let me know if you have questions or concerns about class placement or the schedule.

Level II Advanced Beginners (ages 2-5)

Description:

Our approach in teaching young children to swim is one of encouragement and development. We will continue our progress of teaching children to kick and take a breath in preparation for freestyle.

Prerequisites & Class Size:

- · Age 2 by March of current year
- Completed at least one year of beginner lessons
- Maximum of 4 or 5 students per class

Level III Intermediate (ages 4-7)

Description:

The intermediate program focuses on fundamentals, including proper breathing, kicking and form in order to ensure success as the student progresses to learning strokes. The more advanced and older intermediate students are taught diving, freestyle, backstroke and breaststroke.

Prerequisites & Class sizes:

- · Age 4 by March of current year
- Completed at least one year of beginner class
- 4-5 students per class

<u>Level IV Swimmers</u> Beginner – Advanced (ages 5-8)

Level V Swimmers – Advanced (ages 8-10)

Description:

These classes teach all strokes, including freestyle, breaststroke, backstroke, and butterfly, diving and racing turns, and treading water. In addition to technique, these classes build a child's endurance, perseverance, confidence, and love of swimming. We have found that many children perform well on swim teams following this training and have an opportunity to focus on specific skills to improve their success in the swim team environment.

Prerequisites & Class Sizes:

- · Age 5 by March of current year.
- Child should be able to swim the length of the pool using proper arm strokes, kicking and breathing (ie., humming bubbles under the water out of his/her nose)
- Child should be able to float on his/her back
- 5-8 students per class

Additionally, Youth Beginner (ages 6 – 17) and Adult Beginner (no previous swimming experience) classes are available. Please call Elizabeth at 308-0209 to discuss these options.

Miss Anna's Swim School @ Bluewater Scuba

320 Mallory Station Road, Franklin, TN 37067

Contact: Elizabeth Slattery (<u>Elizabeth@bluewaterscuba.com</u>) (615)308-0209

Please enclose check made payable to Miss Anna's Swim School with application.
Date Received:
Check No.:

2013 Fall Schedule

Tuesday classes begin Tuesday, September 10 and end November 19. Wednesday classes begin Wednesday, September 11 and end November 20. Make up classes will be held December 3 and 4. Your child will participate in the same class at the same time each week. All classes are 45 minutes. Cost for the Fall Session is \$365.

Please rank your day preference and time preference.

		Tues	Wed
Rank	Time		
	2:00 – 2:45		
	2:45 – 3:30		
	3:30 – 4:15		
	4:15 – 5:00		
	5:00 - 5:45		
	5:45 - 6:30		

Registration			
Student's Name			
Student's Name Age Date of Birth/ Male Female			
Parent's Name			
Home Address			
City/StateZip			
Phone			
(Home) (Cell) (Work)			
(Home) (Cell) (Work) Email Address			
Name of school or MDO program			
Previous Swimming Experience:			
Date of last lesson/Taken w/Miss Anna? Yes / No			
Swimming Level (Circle One) II Adv Beginner III Intermediate IV Beg Adv V Advanced			
Detail your child's swimming experience (e.g. puts face in the water, will go under the water, etc.):			
Detail any concerns or suggestions you have about your child's class placement:			
I, the undersigned parent or legal guardian of a minor child under 18 years of age, consent to my child participating in Miss Anna's Swim School and understand that my child will be engaging in physical activity during the Swim School which contains inherent risk of physical injury. I represent that my child is in good physical condition and is able to participate fully in Swim School activities. I assume the risk and release and hold harmless Miss Anna's Swim School and Ameradive, LLC, dba Bluewater Scuba, its officers, agents, employees, including all persons employed or hired by Miss Anna's or Bluewater Scuba, from any and all liability for personal injury or property damage arising out of my child's participation in the Swim School.			
Signature (Parent or Guardian) Date			
Please list the names and addresses of any friends who may be interested swim lessons:			
Please check if any of the following would be of interest to you: Adult Swim Class Scuba Certification Winter Swimming Children's Swim Parties Infant and/or Adult CPR and First Aid			